

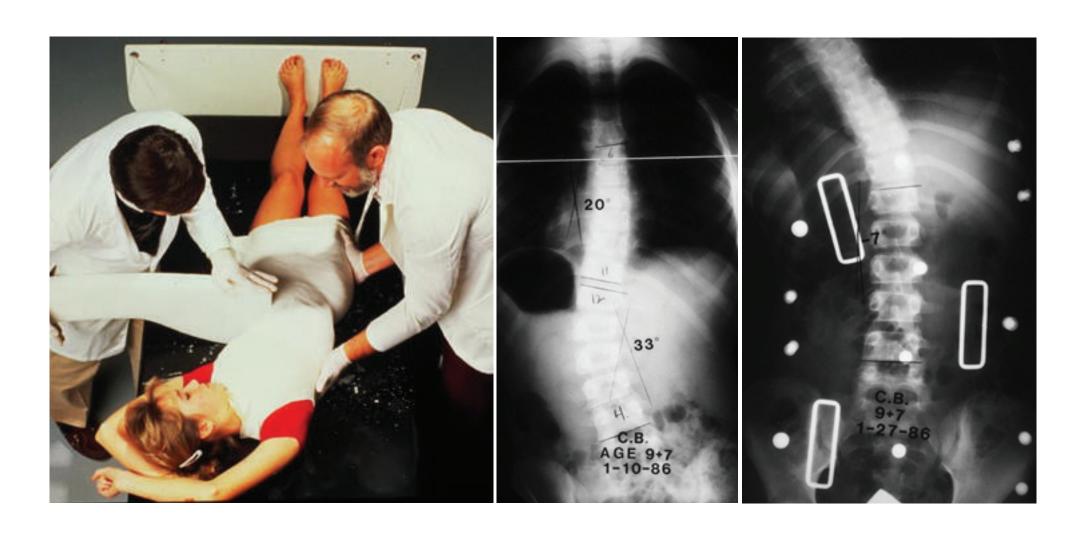
Charleston
Bending Brace

524 Barbados Drive Charleston, SC 29492 843-884-2202 www.cbb.org





## Bending Brace: Growth



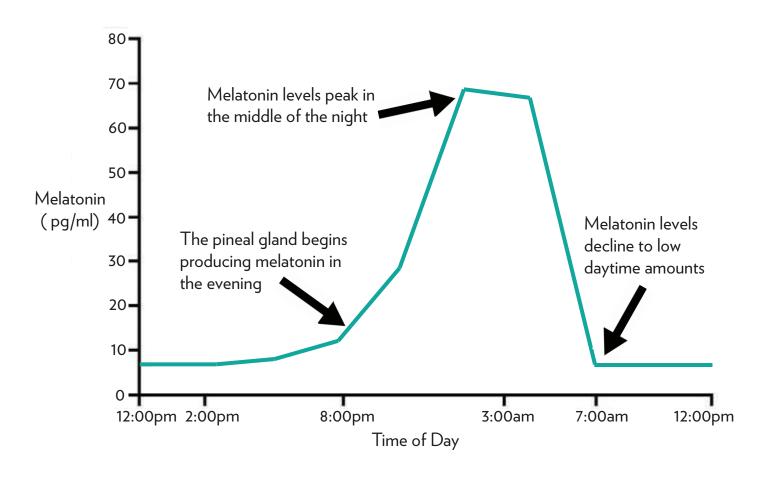


# Gravity vs. Growth

- If scoliosis is a disorder of GRAVITY then daytime support is necessary.
- IF scoliosis is a disorder of GROWTH then nighttime bracing may be all that's required.



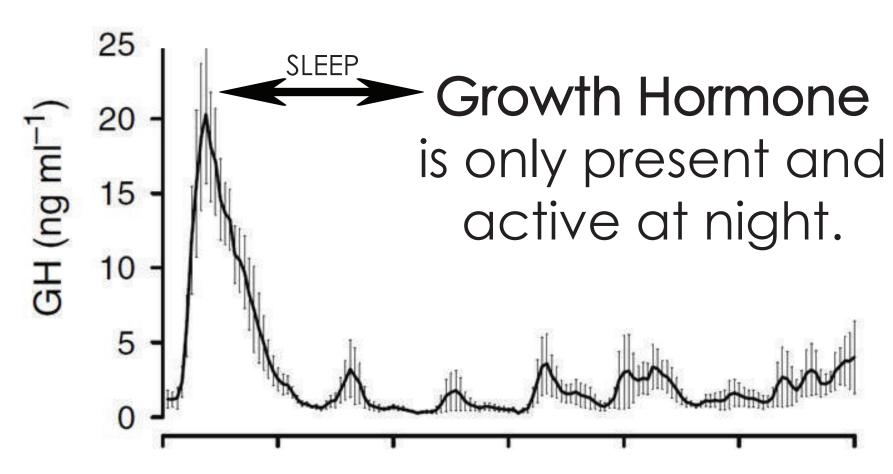
#### **MELATONIN**



- Levels are high at night minimal levels during the day
- Levels are low in patients with progressive AIS



## Growth Hormone



Brandenberger G, "The 24-h growth hormone rhythm", J Sleep Res. 2004 Sep;13(3):251-5.



## Tibial Growth in Lambs



"...at least 90% of bone elongation occurs during recumbency and almost no growth occurs during standing or locomotion.

The authors hypothesize that growth may also occur in children during rest or sleep."

Noonan KJ, et al. JPO 2004; 24(6):726-31



#### **EVIDENCE**

#### Spinal Growth Modulation by Compression

- Villemure I. Aubin CE. Dansereau J. Labelle
   H. European Spine Journal. 13:83, 2004
- 2. Newton PO, et.al. Spine. 30:2608, 2005
- 3. Stokes IA, Aronsson DD, et.al. Journal of Orthopaedic Research. 24:1327, 2006



### In-Brace Correction

# Correlates to Biomechanical Effectiveness of Brace Treatment in AIS

"In the framework of the Hueter-Volkmann principle...in brace correction predicts long-term outcome of the treatment and provides insights in the understanding of brace biomechanics."

Clin J, Aubin CÉ, Sangole A, Labelle H, Parent S Spine 2010



# Biomechanical Study

- This study quantified the Charleston Bending Brace's biome chanical effect, which consists in inverting the asymmetrical compressive loading in the major scoliotic curve
- The reduction of the major scoliotic curve varied between 58% and 97% and was in the range of published clinical data.
- Internal compressive stresses up to 1 MPa were generated on the convex side of the major scoliotic curve and tensile stresses up to 1 MPa on its concavity

Labelle H, Clin J, Aubin CE, Parent S Spine 2010 1;35(19):E940-710



# Early Intervention Study

- Early intervention treatment with the CBB may reduce progression to full-time bracing threshold.
- This study focused specifically on curve magnitudes between 15-25 degrees in skeletally immature, pre-menarchal females.
- 100% of patients in the control group (observation) resulted in curves progressing to standard criteria for full-time bracing.
- 29% of patients randomized to night time wear were maintained without curve progression. (Statistically significant).



### Growth Modulation



- Bending increases pressure on convex vertebral growth centers to reduce growth
- Can be used for high thoracic curves
- Double curves are difficult to brace but can be treated by



#### Growth Modulation

### New Evidence. New Solutions.



- MPE (Modified Polyethelene)
  - Anterior Opening
  - Dynamic Lumbar Pad (CBB Type II Curve Only)



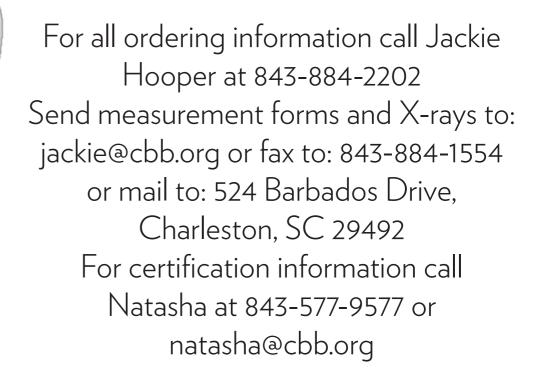
CBB - Lite

- Softer Polyera Material
- Recommended for Smaller Patients
  - Neuromuscular Anomolies



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Non-Surgical Nightime Scoliosis Management